

Cub Club Cooking will be offering an after school no-heat cooking enrichment program at Menchaca Elementary School for grades K-5. Cub Club Cooking is a fun way for students to learn about eating healthy foods, practice basic cooking skills, and have fun!



In our No-Heat Cooking enrichment, students will work together to create healthy dishes to eniov every class. Students will learn about how food fuels their bodies and build healthy habits that will last a lifetime! Members will practice chopping, measuring, mixing and plating in a kid-friendly environment. Cub Club Cooking strives to use organic and non-GMO ingredients along with seasonal fruits and vegetables.



Thursdays

3:15pm - 4:15 pm on campus Upon registering, you will be contacted via email regarding meeting place and pick up locations.



EACH STUDENT RECEIVES AN APRON AND A KID FRIENDLY CHEF KNIFE TO KEEP!



\$70 per month Please register online at www.CubClubKids.com/register Payment can be made directly online.

Space is limited! Students will be accepted on a first-come, first-serve basis

REGISTER ONLINE AT WWW.CUBCLUBKIDS.COM/REGISTER



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